

# GRILLED

SPECIALTIES

## WRAPS 12.50

### CHICKEN RANCH

GRILLED CHICKEN, BACON, LETTUCE, TOMATO, AVOCADO, AMERICAN CHEESE & RANCH DRESSING

### JERK CHICKEN

JERK CHICKEN, LETTUCE, TOMATO, JACK CHEESE & HONEY MUSTARD

### GRILLED CHICKEN CAESAR

GRILLED CHICKEN, CROUTONS, PARMESAN CHEESE, LETTUCE & HOMEMADE CAESAR DRESSING

### CALIFORNIA CHICKEN

GRILLED CHICKEN, LETTUCE, TOMATO, AVOCADO, ROASTED PEPPERS & SWEET CHILI SAUCE

### TURKEY BACON MELT

SMOKED TURKEY, LETTUCE, TOMATO, BACON, SALSA & CHEDDAR CHEESE

### PULLED BEEF

HUMMUS, YOGURT SAUCE, LETTUCE, TOMATO, RED ONIONS & FETA CHEESE

### KALE TUNA CAESAR

TUNA, KALE, RICE, CROUTONS, PARMESAN CHEESE & HOMEMADE CAESAR DRESSING

### PULLED CHICKEN

WITH HUMMUS, QUINOA, GUACAMOLE, LETTUCE & TOMATO

Make it  
VEGETARIAN

BLACK BEAN / FALAFEL

## PANINI 12.50

### CHICKEN FAJITA

SPICED CHICKEN, SAUTEED ONIONS, ROASTED PEPPERS & JACK CHEESE

### JERK CHICKEN

JERK CHICKEN, LETTUCE, TOMATO, JACK CHEESE & HONEY MUSTARD

### BBQ CHICKEN

BBQ CHICKEN, LETTUCE, TOMATO, ONION, PEPPERS, CHEDDAR CHEESE & BBQ SAUCE

### L.A. CAESAR

GRILLED CHICKEN, LETTUCE, TOMATO, AVOCADO & SWEET CHILI SAUCE

### SUPER CLUB

BACON, TURKEY, HAM, CHEDDAR, LETTUCE, TOMATO, AVOCADO WITH MUSTARD & MAYO

### TUNA MELT

TUNA SALAD, CHEDDAR CHEESE, LETTUCE, TOMATO & FRENCH DRESSING

## LAVASH 12.50

### DOUBLE CHEESE GRILLED CHICKEN & BACON

GRILLED CHICKEN, SWISS & GOATS CHEESE, TOMATO, AVOCADO & SWEETCHILI SAUCE

### GRILLED CHICKEN RANCH

WITH PEPPER JACK CHEESE, RED ONIONS, BABY SPINACH & TOMATO