

# SHAKES

DELICIOUS

## PROTEIN

### BANANA NUTS

BANANA, OATMEAL, WALNUTS,  
ALMONDS, PEANUT BUTTER  
& PROTEIN

### TROPICAL STORM

MANGO, PASSION FRUIT,  
PINEAPPLE, ORANGE, BANANA,  
PLAIN YOGHURT & PROTEIN

### AVO KALE COLADA

KALE, PINEAPPLE, AVOCADO, COCONUT  
SYRUP, ALMOND MILK & PROTEIN

12 OZ **11.20** 16 OZ **12.60** 20 OZ **13.90**

## BOOSTERS

### IMMUNE BOOSTER

MANGOSTEEN AND V.M. COMPLETE,  
MANGO, MELON & PASSION FRUIT

### GREEN ENERGIZER

B-COMplete, LECITHIN, GRANULES  
AND VITALGREENS, MANGO,  
CARROTS, ORANGE & LEMON

### LUCKY CHARM

SPINACH, BANANA, GINGER,  
AVOCADO, VITAL GREENS, GREEN TEA  
POWDER & ALMOND MILK

16 OZ **11.95** 20 OZ **13.60**

## MAKE IT GREEN

12 OZ **8.75** 16 OZ **9.80** 20 OZ **12.00**

### LEAN GREEN

KALE, BANANA, APPLE,  
CELERY, LEMON JUICE &  
COCONUT WATER

### GREENER COLADA

SPINACH, PINEAPPLE,  
BANANA, PLAIN YOGURT &  
MATCHA GREEN TEA

### NUTRIFIT

BANANA, PEACH, SPINACH,  
PARSLEY, ALMOND  
BUTTER & ALMOND MILK

12 OZ **10.40** 16 OZ **12.00** 20 OZ **13.65**



## ACAI SHAKES

12 OZ **9.80** 16 OZ **11.90** 20 OZ **13.65**

### GREEN BLAST

SPINACH, STRAWBERRIES, BANANAS,  
BLUEBERRIES, PINEAPPLE & ACAI

### WAKE-UP SHOT

BLEND OF ACAI, STRAWBERRIES  
BLUEBERRIES, BANANAS,  
ESPRESSO SHOT & ALMOND MILK

### BERRY HEALTHY

BLUEBERRY, BANANA, PEACH  
& ACAI

### BRAZILIAN SECRET

GUAVA, MANGO & ACAI

## MILK SHAKES

12 OZ **8.00** 16 OZ **9.10** 20 OZ **10.85**

- VANILLA
- CHOCOLATE
- STRAWBERRY
- MINT CHOCOLATE CHIP
- BLACK & WHITE
- COOKIES 'N CREAM