

## SMOOTHIES & SHAKES

## BREAKFAST COMBO

Available from 7:00am - 11:00am

Any 120z Hot Beverage Parfait or Yogurt Breakfast Pastry \$14.00

## SAVORY BREAKFAST

Grilled Burrito Egg, Bacon, Cheddar Cheese, Sour Cream Avocado, Side of Salsa	\$12
Ham & Cheese Croissant Ham, Swiss Cheese, Butter	\$9.50
Bacon & Egg English Muffin Bacon, Egg Omelet, Cheese, Butter	\$10
Sausage & Egg English Muffin Breakfast Sausage, Omelet, Cheese, Butter	\$10
Toasted Bagel & Cream Cheese	\$5

Banana Protein Shake	\$12
Banana, Chia Seeds, Oats, Cocoa Powder, Soy Milk, Pea Protein	
The Exhale	\$14
Kale, Cucumber, Pineapple, Greek Yogurt, Lemon Juice	
The Duchess Smoothie	\$14
Pineapple, Strawberry, Coconut Yogurt,	
Lemon Juice	
The Immunizer	\$12
Carrot Juice, Mango, Orange, Ginger, Tumeric	
Peanut Butter Protein	\$12
Banana, Peanut Butter, Granola, Pistacho, Whey Protein Mix, Almond Milk	
ADD ANC	



+\$3 each

Whey Protein or Pea Protein